

# Being in the middle but feeling outside? – Participating with all senses

The question of how to integrate respectively include people with dementia dominates the discussions throughout the recent years. More and more specialized offers for people with dementia and their relatives have been established – being it religious worships or visits to theaters and museums. Is the mission thus completed?

The 3rd Malteser Congress on Dementia will consider this question, while also providing the latest results of brain research, newly arising topics and future scientific issues.

The first congress day aims at offering the possibility to get a full-range survey on relevant dementia topics. It also leaves room for professional exchange and personal communication. Lectures and speeches alternate with hotspot discussions with the speakers.

On the second congress day concrete questions and challenges will be dealt with in panels. All participants do get the chance to contribute actively to the panels, which are guided by moderators and experts.

During the first Congress day and then in the plenary session of the second day simultaneous translation is provided. During the panels there will be consecutive interpretation where needed.

*The 3rd Malteser Congress on Dementia is part of the celebrations throughout the jubilee year 2019: ten years of cooperation between Malteser & Silviahemmet.*

*In Cooperation with Silviahemmet Foundation/Stockholm, Ärztekammer Nordrhein (Medical Chamber Northrhine)/Düsseldorf, DZNE (German Center for Neurodegenerative Diseases)/Bonn and BAGSO/Bundesarbeitsgemeinschaft der Senioren-Organisationen (Federal working group of the organisations of the elderly)*

*Chair: Dr. Ursula Sottong, Malteser Deutschland, Köln*

## Congress organiser

Malteser Deutschland gGmbH  
Fachstelle Demenz – Dementia Department  
Responsible person: Dr. Ursula Sottong  
Organising team: Hele Kremer;  
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*Your contact in case of interest to participate or queries*

## Location

Lindner Congress Hotel Düsseldorf  
Lütticher Straße 130  
40547 Düsseldorf  
Germany

## Conference fee

Until July 13th, 2019: 140 Euro  
As from July 14th, 2019: 190 Euro

The congress is certified by the Nursing Association. Certification by the North Rhine Medical Association is applied.

**For the constantly updated program and the registration form please go to:**

[www.malteser-demenzkompetenz.de](http://www.malteser-demenzkompetenz.de)



## Hotels

A limited number of rooms is reserved for congress members until July 19th, 2019. Please contact one of the following hotels independently under the key word "Malteser".

### Lindner Congress Hotel Düsseldorf

(Single room including breakfast 199 Euro)  
Lütticher Straße 130  
40547 Düsseldorf  
Tel.: 0211 5997 599  
Fax: 0211 5997 339  
Email: info.congresshotel@lindner.de  
www.lindner.de

### Mercure Hotel Düsseldorf Seestern

(Single room including breakfast 89 Euro, double room including breakfast 109 Euro)  
Fritz-Vomfelde-Str. 38  
40547 Düsseldorf  
Tel.: 0211 53076 0  
Fax: 0211 53076 444  
Email: h2199-re@accor.com  
www.mercure.com

### Novotel Düsseldorf City West

(Single room including breakfast 89 Euro, double room including breakfast 109 Euro)  
Niederkasseler Lohweg 179  
40547 Düsseldorf  
Tel.: 0211 52060 0  
Fax: 0211 52060 888  
Email: H3279-re@accor.com  
www.novotel.com

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*3rd Malteser Congress on Dementia  
under the patronage of H.M. Queen Silvia  
of Sweden*

*Düsseldorf, September 13th/14th, 2019*



## September 13th, 2019

### 9.30h Opening & welcoming address

### 10:15h Introduction: philosophic reflection

“PERSON with dementia versus person with DEMENTIA” (Tom Kitwood)

*Prof. Dr. Andreas Lob-Hüdepohl, member of the German council on ethics (Dt. Ethikrat), KHSB Berlin*

### 10:45h Coffee break

### 11:00h Science & Research

→ New findings from neurophysiology / neurobiology  
*Prof. Dr. Stefan Remy, DZNE (German Center for Neurodegenerative diseases), Bonn*

→ Current priorities & questions in research  
*Prof. Dr. Pierluigi Nicotera, Scientific Director and Chairman of the Executive Board DZNE, Bonn*

### 12:15h Hotspots/discussion with speakers

### 13:00h Lunch break

### 14:00h Managing daily life with dementia I

- Look outside the box – solutions from Europe  
*N.N.*
- Black box – living at home  
*Prof. Dr. Hans-Günter Nehen, Essen*
- Conflicts in partnership  
*Prof. Dr. Florian Bödecker, Universität Kiel (requested)*
- Worthwhile living – new concepts and designs  
*Christian Heerdt, KDA Berlin (requested)*

### 15:30h Hotspots/discussion with speakers & coffee

### 16:00h Managing daily life with dementia II

- Outreach services – who, when, where, with whom?  
*Dr. rer. med. Stephanie Heinrich, UKH Halle (Saale) (requested)*
- Caregiving in view of socially unequal biographies – challenge or chance?  
*Prof. Dr. Christine Dörge, Hochschule für Technik und Wirtschaft des Saarlandes, Saarbrücken*

- Ageing, dementia and technology: robots & co – digital or analog?  
*Prof. Dr. Oliver Peters, Charité & DZNE, Berlin*
- Permanent dilemma: freedom versus security  
*N.N.*
- Multimorbidity & polymedication: What is of importance for patients with dementia?  
*Prof. Dr. Karl-Günter Gaßmann, Institut für Biomedizin des Alterns, Erlangen*

### 17:30h Hotspots/discussion with speakers

### 18:00h Conclusion & Get together

### 20:00h End of day 1

## September 14th, 2019

9:00 -12:00h (including breaks)

### Panels

#### Panel 1

#### Cognitively impaired and multimorbid – obstacles in practice The challenge of a successful intersectoral care provision

Persons with dementia and their relatives often get lost in the “health care jungle”.

This panel aims at pointing out how, in the interest of all those involved, outpatient and inpatient care provision can be smoothly connected and processed, to relieve persons with dementia, relatives and stakeholders.

*Moderators & speakers:*  
*PD Dr. Albert Lukas, Malteser Krankenhaus Bonn*  
*Dr. Ulrich Langenberg, ÄkNo, Düsseldorf*  
*Sonja Laag, Barmer*  
*Stefan Nolte, Malteser Deutschland, Duisburg.*



#### Panel 2

#### The power of hope – support for the soul Spiritual care and self-care

People want to know whom they belong to, they want to be held, be in relationship, be important for someone else and they want to experience sense and sensuality. Living with dementia is not only a question of care levels. Experience in the field of spiritual care is quite young. Yet there are manifold possibilities in the companionship of persons with dementia and their families. Some of them will be presented in this panel.

*Moderators & speakers:*  
*Dr. Ursula Sottong, Malteser Deutschland, Köln*  
*Dr. Heinrich Grebe, Institut für Sozialanthropologie und Empirische Kulturwissenschaft Zürich*  
*Elmar Trapp, Generalvikariat Erzbistum, Köln*

#### Panel 3

#### Participating with all senses – activation of persons with dementia

The objective of activation and occupation is to overcome prejudices, to mobilize and to increase the joy of living. It also is to stabilize, to support and sometimes to regain competences of daily life. And, not least, it is to experience community and to relieve relatives. Experts in the field will present new ways of approach, and they will try to reach new areas together with the participants.

*Moderators & speakers:*  
*Erpho Bell, Theatermacher & Autor, Havixbeck*  
*Munja Brücher, Ergotherapeutin, M.A., Köln*  
*Sybille Kastner, Kunstvermittlerin am Lehmbruck Museum, Duisburg*  
*Michael Ganß, Kunsttherapeut, Geragoge & Mitherausgeber von „demenz.Das Magazin“, Duisburg*  
*Jessica Höhn, Theater „Demenzionen“ & wissenschaftliche Mitarbeiterin im Projekt „TiP.DE – Theater in der Pflege von Menschen mit Demenz“, Düsseldorf (requested)*  
*Corinna Cieslik-Bischof, Gartentherapeutin, Wedemark*



#### Panel 4

#### Challenging behavior – avoiding escalations – means and methods

Aggressiveness, fear, sleep disturbances etc. can occur sometimes suddenly and apparently without any reason. It often is difficult to cope with these behaviors, moreover since they might be caused by a variety of different factors. Sometimes there is no solution in sight, or violence or fixation might be part of it. In this panel we carefully look at diagnostic means and work on case studies to seek real solutions.

*Moderators & speakers:*  
*Katharina von Croy, Malteser Deutschland, Köln & Dr. Klaus Weil, Zentrum für Altersmedizin, Flensburg*  
*Susanne Johannes, Alfried-Krupp-Krankenhaus, Essen.*

#### Panel 5

#### Enjoy your meal – nutrition and dementia

One of the great challenges is the nutrition of persons with dementia, that not only meets the need to be fed but also aims at experiencing wellbeing and pleasure. The experts in this panel point out the necessary conditions and manifold ideas, also enlightening complex issues like oral health, dysphagia and the PEG tube.

*Moderators & speakers:*  
*Isabel Wotschke, Malteser Krankenhaus Bonn,*  
*Dr. Erling Burk, ZAeK Nordrhein, Wesel*  
*Prof. Dr. Daniela Holle, DZNE Witten*  
*Richarda Holtorf, Deutsche Gesellschaft für Ernährung, Bonn*  
*Dr. Sven Reuther, DZNE Witten (requested)*

### 12:00h Lunch

### 13:00h Final plenary

*Prof. Dr. Frank Schulz-Nieswandt, Institut für Soziologie und Sozialpsychologie (ISS), Universität Köln/ Vorstandsvorsitzender KDA*  
*Regina Schmidt-Zadel, Vorsitzende Alzheimer Gesellschaft NRW (requested)*

### 14:00h Conclusion of the congress